

THE KNIFE RIVER CARE CENTER

INFORMER



March 2026

Knife River Care Center
118 22nd Street NE
Beulah, ND 58523
Phone: 701-873-4322

Board of Directors

PresidentDarrold Bertsch
Vice President.....Bruce Mohl
Secretary.....Leanne Stiefel
Vern Laning..... Gary Emter
Mary Jo Larson.....Pam Fitzgerald

Management of the Home

AdministratorBlake Kragnes
Director of Nursing.....
.....Christina Kuntz
Human Resources.....Lindsay Borlaug
Business Office Manager
.....Anna Wiest
Activity Director ~ Marketing /
Foundation Coordinator....Krista Baytosh
Dietary Director.....Brad Beecher
Dietitian.....Dawn Ziegler
Social Services Designee.....
.....Samantha Kost
Director of Rehab.....Jessica Schulz
Pharmacist.....Rick Boehm
Maintenance Supervisor...Donise Crews
Housekeeping/ Laundry Supervisor.....
Kristen Stiefel
Health Information Manager / Privacy
Officer.....Jill Bohrer
Harvest Lane Unit Manager
.....Ginger Holzer
Shady Lane Unit Manager
.....Chelsea McDaniel
Whispering Winds Unit Manager
.....Khara Borner
Infection Control / QAPI Nurse
.....Alyssa Wilhelm
Safety Director.....Brad Beecher
MDS Coordinator.....Kim Sia Tan
MDS Nurse.....Dara Mathias
Nurse Educators.....
.....Autumn Schaan / Brittany Hillerud

~MONTHLY BIRTHDAYS~

Loretta M.
Clarence F.
Ed S.
Delores L.
Delphine T.
Loretta K.
Dorothy S.

*****If you would like to contact your loved one via email please send to: krista.baytosh@krcc-nd.org**

REMINDERS

- **SPRING Cleaning Time!!- please check your loved ones closets, drawers and refrigerators.**
- **When bringing new items (clothing, bedding, etc.) please stop at the front desk to have them marked.**

Thank you!

“Jokes of the Month”

Q: Why can't you go straight from second base to third?

A: Because there's a short stop in between!

Q: What does a shamrock say to a leprechaun on March 17th?

A: Irish you a happy St. Patrick's Day!

Q: Why is it bad luck to run over a four-leaf clover?

A: It will press your luck!

Q: Why is Daylight Savings time Marty McFly's favorite time of year?

A: Because it's when he can get back to the future!

Q: What did the landscape guy say to the lady checking him out?

A: I'm sexy and I mow it!

RESIDENT RIGHTS

FREEDOM FROM ABUSE, NEGLECT, EXPLOITATION & RESTRAINTS

- * You should not experience verbal, sexual, physical, mental abuse, neglect, or financial exploitation. This includes physical punishment or involuntary isolation.
- * You may request a copy of the facility's written policies on how they protect you from abuse, neglect or financial exploitation.
- * Chemical and Physical Restraints may be used with you **ONLY**:
 1. In an emergency, or if necessary to protect you from injury to self, or to keep you from harming others
 2. When ordered, in writing, by a doctor, nurse practitioner, or physician's assistant for a **specified and limited period of time** to treat a medical symptom or for safety.
 3. A chemical restraint must be administered by a licensed nurse, physician, nurse practitioner, or physician's assistant.

Federal Law definitions:

Physical Restraints are "any manual or physical or mechanical device, material, or equipment attached or adjacent to your body that you cannot remove easily and which restricts freedom of movement or normal access to your body".

Physical restraints include, but are not limited to, hand mitts, soft ties and rests, wheelchair safety bars, bed rails, or chairs that prevent rising. Also included as restraints are facility practices such as tucking in a sheet so tightly that a bed-bound resident cannot move or placing a wheelchair-bound resident so close to a wall that the wall prevents the resident from rising.

Chemical Restraints means a "psychopharmacologic drug that is used for discipline or convenience and not required to treat medical symptoms".

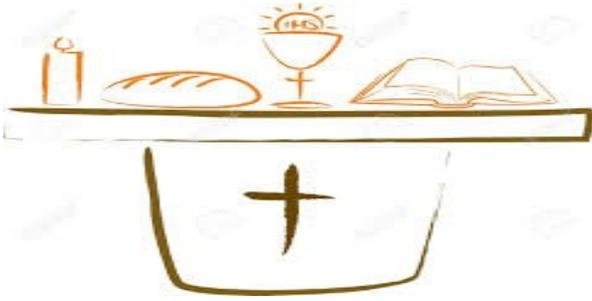


Nursing home residents' rights are the legal and moral rights of the residents of a nursing home.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
			SHADES OF BLUE		RED, WHITE OR BLUE / PATRIOTIC	
8	9	10	11	12	13	14
	SHADES OF PINK		SHADES OF YELLOW		RED, WHITE OR BLUE / PATRIOTIC	
15	16	17	18	19	20	21
<small>Daylight Saving Time Begins</small>	ST. PATRICK'S DAY THEME	HAPPY ST. PATRICK'S DAY!!!	SHADES OF GREEN		RED, WHITE OR BLUE / PATRIOTIC	
22	23	24	25	26	27	28
	FLOWER THEME	<small>St. Patrick's Day</small>	SHADES OF PURPLE		RED, WHITE OR BLUE / PATRIOTIC	
29	30	31	<h1>March 2026</h1>			
	EASTER THEME					
<small>Palm Sunday</small>						

March Communion Services



Catholic Communion and Rosary Service
March 4, 11, 18, 25

~~~~~  
**St. Matthew's and  
Concordia Communion**  
March 10

~~~~~  
Peace Lutheran Communion
March 4

~~~~~  
**Prince of Peace Communion**  
March 3

~~~~~  
Trinity / Golgotha Lutheran Communion
March 5

~~~~~  
**Zion Lutheran Communion**  
March 19

*And He took bread, gave thanks and broke it, and gave it to them, saying, "This is My body which is given for you; do this in remembrance of Me." Likewise He also took the cup after supper, saying, "This cup is the new covenant in My blood, which is shed for you.*

Luke 22:19-20

**WE'VE GOT SOMETHING FOR YOU TO SEE...  
CHECK OUT KNIFE RIVER CARE CENTERS  
FACEBOOK PAGE:**

[www.facebook.com/kniferivercarecenter](http://www.facebook.com/kniferivercarecenter)

THOSE WE'VE LOST:  
Shirley Evans



\*The activity department continues to offer video calling capabilities for you and your loved one! Please contact Krista if you would like to schedule a video chat.\*  
**(701) 873-3274**

