

THE KNIFE RIVER CARE CENTER

INFORMER



October 2025

Knife River Care Center
118 22nd Street NE
Beulah, ND 58523
Phone: 701-873-4322

Board of Directors

PresidentDarrold Bertsch
Vice President.....Bruce Mohl
Secretary.....Leanne Stiefel
Bonnie Krause Gary Emter
Mary Jo Larson.....Pam Fitzgerald

Management of the Home

AdministratorBlake Kragnes
Director of Nursing.....
.....Christina Kuntz
Human Resources.....Lindsay Borlaug
Business Office Manager
.....Anna Wiest
Activity Director ~ Marketing /
Foundation Coordinator....Krista Baytosh
Dietary Director.....Brad Beecher
Dietitian.....Dawn Ziegler
Social Services Designee.....
.....Samantha Kost
Director of Rehab.....Jessica Schulz
Pharmacist.....Rick Boehm
Maintenance Supervisor...Donise Crews
Housekeeping/ Laundry Supervisor.....
Kristen Stiefel
Health Information Manager / Privacy
Officer.....Jill Bohrer
Harvest Lane Unit Manager
.....Ginger Holzer
Shady Lane Unit Manager
.....
Whispering Winds Unit Manager
.....Khara Borner
Infection Control / QAPI Nurse
.....Alyssa Wilhelm
Safety Director.....Brad Beecher
MDS Coordinator.....Kim Sia Tan
MDS Nurse.....Dara Mathias
Nurse Educators.....
.....Autumn Schaan / Brittany Hillerud

~MONTHLY BIRTHDAYS~

Wade G.
Rodger R.
Joanna R.
Arlene R.
Martha J.

*****If you would like to
contact your loved one via
email please send to:
krista.baytosh@krcc-nd.org**

REMINDERS

- **Summer Cleaning
Time!!!- please check
your loved ones closets,
drawers and
refrigerators.**
- **When bringing new
items (clothing,
bedding, etc.) please
stop at the front desk
to have them marked.**

Thank you!

“Jokes of the Month”

Q: Why was the robot
couple’s anniversary in the
fall?

A: They were autumn mated!

Q: What’s the ratio of a
pumpkin’s circumference to
its diameter?

A: Pumpkin Pi!

Q: What type of vehicle
should you use for a fall
hayride?

A: An autumn-mobile!

Q: What did autumn say to
summer?

A: Make like a tree and leaf!

Q: What do you get when
you drop a pumpkin?

A: Squash!

Q: What do you call a large
colorful pile of leaves?

A: The Great Barrier Leaf!

RESIDENT RIGHTS

RESIDENT RIGHTS NOTIFICATIONS

*At the time of admission, the facility is required to provide you and a member of your immediate family, or the resident representative, a written statement of your rights, the responsibilities of both you and the facility, and the facility rules about your conduct. Within 30 days after your admission, (and every year from then on) your rights must be verbally explained to you. If you are unable to understand, it should be explained to your immediate family member or your resident representative.

*You and your resident representative must be promptly notified by the facility of any changes in resident rights under federal regulations or state law.

*You have the right to request additional written copies of your rights at any time during your stay at the facility.

*If after a time of not being able to understand your rights, you recover and can understand, the facility shall then inform YOU of your rights and responsibilities.

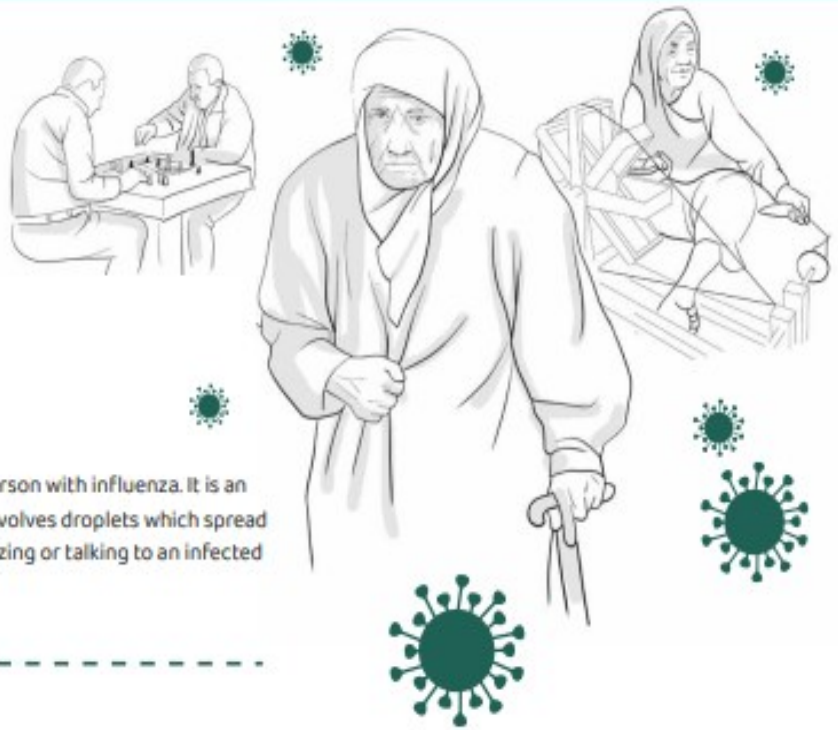
*The facility's staff is responsible for assisting you in fully knowing and using your rights.



Nursing home residents' rights are the legal and moral rights of the residents of a nursing home.

Seasonal influenza

Information for older adults and the general public



Source of infection

Direct contact with a person with influenza. It is an airborne disease that involves droplets which spread through coughing, sneezing or talking to an infected person.

Risk & prevention

Older adults, pregnant women, individuals with underlying health conditions and children are at high risk of developing life-threatening conditions from seasonal influenza. They can protect themselves and others by:



Taking an annual influenza shot



Wearing a mask



Keeping a safe distance



Sneezing or coughing into a folded arm



Regularly washing hands with soap



Avoiding crowded and non-ventilated places

Symptoms



High fever



Runny nose



Headaches



Cough



Muscle and joint pain

Action to take in case of symptoms:



If you think that you have influenza, visit your nearest health facility and follow the medical advice of your doctor.

October Communion Services



Catholic Communion and Rosary Service
October 1, 8, 15, 22, 29

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**St. Matthew's and  
Concordia Communion**  
October 14

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Peace Lutheran Communion
October 1

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**Prince of Peace Communion**  
October 7

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Trinity / Golgotha Lutheran Communion
October 2

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**Zion Lutheran Communion**  
October 16

*And He took bread, gave thanks and broke it, and gave it to them, saying, "This is My body which is given for you; do this in remembrance of Me." Likewise He also took the cup after supper, saying, "This cup is the new covenant in My blood, which is shed for you."*

Luke 22:19-20

**WE'VE GOT SOMETHING FOR YOU TO SEE...  
CHECK OUT KNIFE RIVER CARE CENTERS  
FACEBOOK PAGE:**

[www.facebook.com/kniferivercarecenter](http://www.facebook.com/kniferivercarecenter)

### THOSE WE'VE LOST:

LaVonne Mueller  
Ellen Renner  
Deane Weidner  
DyAnn Ellwein



\*The activity department continues to offer video calling capabilities for you and your loved one! Please contact Krista if you would like to schedule a video chat.\*  
**(701) 873-3274**

