

THE KNIFE RIVER CARE CENTER

INFORMER

June 2026

Knife River Care Center
118 22nd Street NE
Beulah, ND 58523
Phone: 701-873-4322



Board of Directors

President .....Darrold Bertsch
Vice President.....Bruce Mohl
Secretary..... Pam Fitzgerald
Vern Laning..... Gary Emter
Mary Jo Larson.....Leanne Stiefel

Management of the Home

Administrator .....Blake Kragnes
Director of Nursing.....
.....Christina Kuntz
Human Resources.....Lindsay Borlaug
Business Office Manager .....
.....Alex Dschaak
Activity Director ~ Marketing /
Foundation Coordinator...Krista Baytosh
Dietary Director.....Brad Beecher
Dietitian.....Dawn Ziegler
Social Services Designee.....
.....Samantha Kost
Director of Rehab.....Jessica Schulz
Pharmacist.....Rick Boehm
Maintenance Supervisor...Donise Crews
Housekeeping/ Laundry Supervisor.....
Kristen Stiefel
Health Information Manager / Privacy
Officer.....Jill Bohrer
Harvest Lane Unit Manager
.....Ginger Holzer
Shady Lane Unit Manager .....
.....Chelsea McDaniel
Whispering Winds Unit Manager
.....Khara Borner
Infection Control / QAPI Nurse
.....Alyssa Wilhelm
Safety Director.....Brad Beecher
MDS Coordinator.....Kim Sia Tan
MDS Nurse.....Dara Mathias
Nurse Educators.....
.....Autumn Schaan / Brittany Hillerud

~MONTHLY BIRTHDAYS~

Adeline A.
Olga M.
Michala M.
Esther O.
Violet R.
Stanton R.

\*\*\*If you would like to
contact your loved one via
email please send to:
krista.baytosh@
krcc-nd.org

\*REMINDERS\*

- SUMMER Cleaning
Time!!! - please check
your loved ones
closets, drawers and
refrigerators. Please
remove clothing that
no longer fits / is worn
as closets are
becoming full!!!
When bringing new
items (clothing,
bedding, etc.) please

“Jokes of the Month”

Q: Why did the tomato
blush?
A: Because he saw the salad
dressing!
Q: What kind of water can-
not freeze?
A: Hot water!
Q: Why did the teacher
jump into the pool?
A: She wanted to test the
water!
Q: Why did the banana
wear sunscreen at the
beach?
A: It refused to peel!
Q: What do you get when
you combine an elephant
with a fish?
A: Swimming trunks!
Q: What did Yogi bear put in
the picnic basket?
A: Just the bear necessities!

# RESIDENT RIGHTS

## GROUPS AND ACTIVITIES

- \* You can choose to participate in social, religious, and community activities of your choice, as long as they do not interfere with the rights of other residents.
- \* These activities may be inside the facility or in the community.
- \* You have the right to spend time outside.
- \* You may help organize and take part in resident council meetings. The facility must provide space for the meetings and a staff person to assist when requested. Staff, visitors or other guests may attend the resident council meeting only if invited by a resident.
- \* The facility cannot force you to work or perform services for them. If you want to work and perform services, it must be documented in your care plan with the type of services performed and whether it is voluntary or paid.



Nursing home residents' rights are the legal and moral rights of the residents of a nursing home.

**30**  
DAYS IN THE MONTH

World Milk Day

National Donut Day

Longest Day of The Year

National Yo-Yo Day

Rose

Flag Day

Father's Day

Goodbye Spring

Hello Summer

Astrology Signs

Most Popular Wedding Month

th Month of The Year

Gemini

Cancer

Pearl Birthstone

# JUNE

# FUN FACTS

 [MADEWITHHAPPY.COM](http://MADEWITHHAPPY.COM)

**BEATING THE HEAT:**

## SAFETY TIPS FOR SENIORS THIS SUMMER

Read on to learn how to beat the heat and avoid these serious health risks so you can enjoy the summer by yourself or with loved ones.

- STAY HYDRATED** 
- WEAR SUNBLOCK** 
- STAY COOL** 
- WEAR LIGHT CLOTHING** 

## June Communion Services



**Catholic Communion and Rosary Service**  
June 3, 10, 17, 24

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**St. Matthew's and  
Concordia Communion**  
June 15

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**Peace Lutheran Communion**  
June 3

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**Prince of Peace Communion**  
June 2

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**Trinity / Golgotha Lutheran Communion**  
June 4

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**Zion Lutheran Communion**  
June 18

*And He took bread, gave thanks and broke it, and gave it to them, saying, "This is My body which is given for you; do this in remembrance of Me." Likewise He also took the cup after supper, saying, "This cup is the new covenant in My blood, which is shed for you.*

Luke 22:19-20

**WE'VE GOT SOMETHING FOR YOU TO SEE...  
CHECK OUT KNIFE RIVER CARE CENTERS**

**FACEBOOK PAGE:**

[www.facebook.com/kniferivercarecenter](http://www.facebook.com/kniferivercarecenter)

THOSE WE'VE LOST:

Delphine Traxel  
James Fandrich  
Betty Jean Mesling



\*The activity department continues to offer video calling capabilities for you and your loved one! Please contact Krista if you would like to schedule a video chat.\*  
**(701) 873-3274**

