

# THE KNIFE RIVER CARE CENTER

## INFORMER

January 2022

### Knife River Care Center

118 22nd Street NE  
Beulah, ND 58523  
Phone: 701-873-4322



### January Birthdays

#### RESIDENT BIRTHDAYS

\*\*\*\*\*

Paul Mueller	01/04
Esther Engel	01/04
John Wynn	01/08
Terry Hayter	01/11
Audrey Bethke	01/14

#### STAFF BIRTHDAYS

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Paula Cramer	01/06
Benson Ratemo	01/07
Michala Senn	01/07
Deb Fitterer	01/08
Vivian Walker	01/11
Annabelle Lightsey	01/12
Haley Sailer	01/12
Christie Mae Kizer	01/17
Chelsea McDaniel	01/17
Lona Moos	01/24
Tyler Tesky	01/25
Mercedes Boeshans	01/27
Roseme Katadrik	01/29

We continue to thank and appreciate everyone for their patience, letters, phone calls, gifts, showering of love and support during the COVID-19 pandemic. These do not go unnoticed!

~KRCC Residents & Staff

**\*\*We are open for visitation with no advanced scheduling!! We ask that you wear your mask, symptom/temperature screen, and stay away from visitation if you are feeling ill, close contact of COVID-19, or COVID positive.\*\***

### Board of Directors

President .....Darrold Bertsch  
Vice President.....Bruce Mohl  
Secretary.....Leanne Stiefel  
Bonnie Krause ..... Gary Emter  
Bonnie Knell

### Management of the Home

Administrator .....Blake Kragnes  
Director of Nursing.....  
.....Christina Kuntz  
Human Resources.....Lindsay Borlaug  
Business Office Manager  
.....Anna Wiest  
Activity Director.....Krista Baytosh  
Dietary Director.....Cheree Tesky  
Dietitian.....Dawn Ziegler  
Director Of Social Service.....  
.....Hanna Talbott  
Occupational Therapy .....  
.....Jessica Schulz  
Physical Therapy.....Dannette Huber  
Pharmacist.....Rick Boehm  
Maintenance Supervisor...Donise Crews  
Housekeeping/ Laundry Supervisor.....  
Kristen Stiefel  
Marketing / Foundation Coordinator.....  
.....Yvonne Seibel  
Harvest Lane Unit Manager .....  
.....Ginger Holzer  
Shady Lane Unit Manager .....  
.....Teresa Buck  
Whispering Winds Unit Manager  
.....Khara Borner  
Infection Control Nurse  
.....Hanah Brandt  
Nurse Educator .....Rachel Brunzell

## HANDWASHING 101

01

Wet your hands before applying soap

03

Do this process for at least 20 seconds before rinsing

02

Rub soap all over your palms, the backs of your hands, and in between your fingers

04

Wipe your hands with a clean towel or paper towel and void rubbing too vigorously.



Source: World Health Organization

## **RESIDENT RIGHTS**

### **\*Understanding your rights as a resident of an ND nursing facility\***

#### **GROUPS AND ACTIVITIES**

- You are able to participate in social, religious, and community activities of your choice, as long as they do not interfere with the rights of other residents.
- These activities may be inside or outside of the facility.
- You have the right to spend time outside.
- You may participate and help organize resident and family council meetings. For resident and family councils, the facility must provide a space and staff person to assist when requested. (Effective 11/28/16 staff, visitors or other guests may attend such council meeting only if invited by the residents or family.)
- The facility cannot force you to work or perform services for them. If you so choose to work and perform services, it must be documented in your care plan indicating the need or desire for work, the nature of the services performed and whether it is voluntary or paid.

#### **What is the Long-Term Care Ombudsman Program?**

The Long-Term Care Ombudsman Program was established and mandated under the authority of the federal Older Americans Act.

The primary role of the Ombudsman is to advocate for the protection of the health, safety, welfare and rights of residents in long-term care homes.

**The program serves ALL residents of assisted living, basic care, swing bed and nursing homes facilities.**

Referrals are accepted from; and information and consultation with a resident perspective are offered to:

- Residents
- Families and friends of residents
- Community members
- Long-term care facility staff
- Agencies and providers as well as regulatory and licensing entities

#### **How can an ombudsman help?**

As an independent advocate for residents, an ombudsman can:

- Provide information and consultation about:
  - » Resident rights
  - » Service options
  - » Regulations that apply to long-term care homes
- Investigate and work to resolve complaints relating to:
  - » Quality of care or services
  - » Quality of life
  - » Rights violation
  - » Access to services
  - » Transfer, discharge or eviction
- Promote resident, family and community involvement with long-term care homes
- Identify systems issues and advocate for change

#### **How do I find an ombudsman?**

State Long-Term Care Ombudsman  
Aging Services Division

1237 W. Divide Ave., Ste 6  
Bismarck, ND 58501  
Telephone: 701.328.4617, 711 (TTY)  
Toll-free: 1.855.462.5465, option 3  
Fax: 701.328.0389

(A free and confidential service)

To find the local ombudsman assigned to your facility, call 1.855.462.5465, option 3

To report a concern about the health, safety, welfare or rights of a resident: Call the numbers above, send an e-mail to [dhsagingombud@nd.gov](mailto:dhsagingombud@nd.gov) or complete and submit the online complaint form (SFN 1829) at:

[www.nd.gov/eforms/Doc/sfn01829.pdf](http://www.nd.gov/eforms/Doc/sfn01829.pdf)

Information on the Long-Term Care Ombudsman Program is also posted at each long-term care home.







Residents  
Kathleen Village  
Center and Carol  
Bickler receiving  
Mary Kay  
Christmas Gifts  
donated by  
businesses and  
people from the  
local  
communities.



# Happy New Year!



AULD LANG SYNE  
BABY  
BALL  
BALLOONS  
CALENDAR  
CELEBRATION  
CHAMPAGNE  
CLOCK  
CONFETTI  
COUNTDOWN  
DANCING  
DECEMBER  
EVE

FATHER TIME  
FIRECRACKER  
FIRST  
FLUTE  
GAMES  
GOWN  
HAPPY  
HAT  
HOURGLASS  
INVITATION  
JANUARY  
KISS  
MIDNIGHT

MUSIC  
NOISE MAKER  
PARTY  
RESOLUTION  
SPARKLER  
STREAMER  
TIMES SQUARE  
TOAST  
TRADITION  
TUXEDO  
VOW  
YEAR

# January Communion Services



**\*Communion will be held pending weekly COVID-19 testing results\***

**Catholic Communion and Rosary Service  
January 5, 12, 19, 26**

**Peace Lutheran Communion  
January 5**

**St. Matthew's and  
Concordia Communion  
January 11**

**Trinity Lutheran and  
Prince of Peace Communion  
January 4**

**Zion Lutheran Communion  
\*Pastor not available\***

**Prairie View Church of God Communion  
January 4**

*And He took bread, gave thanks and broke it, and gave it to them, saying, "This is My body which is given for you; do this in remembrance of Me." Likewise He also took the cup after supper, saying, "This cup is the new covenant in My blood, which is shed for you.*

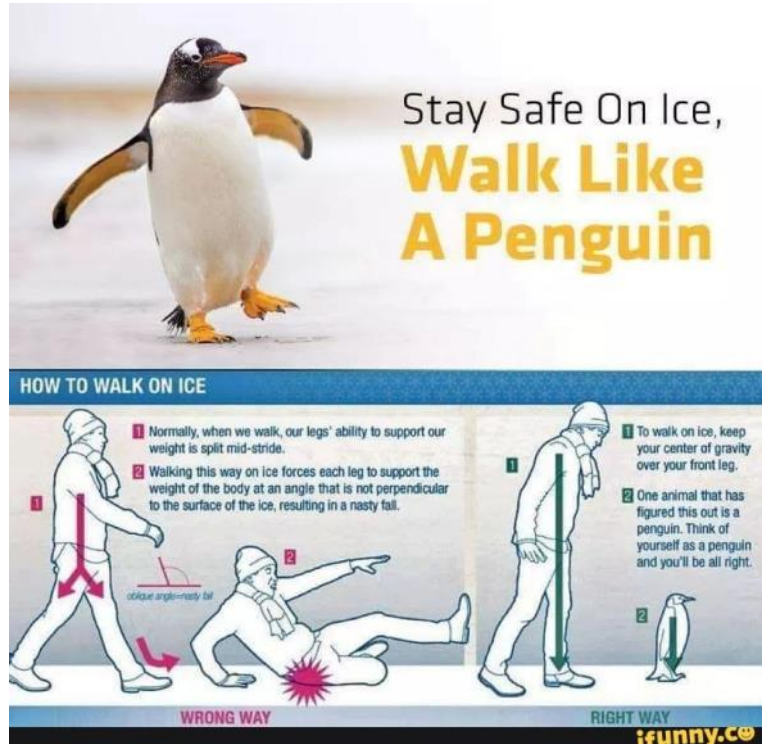
Luke 22:19-20

**WE'VE GOT SOMETHING FOR YOU TO SEE...  
CHECK OUT KNIFE RIVER CARE CENTERS  
FACEBOOK PAGE:**

[www.facebook.com/kniferivercarecenter](http://www.facebook.com/kniferivercarecenter)

## Passing's

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**\*The activity department continues to offer video calling capabilities for you and your loved one! Please contact Krista if you would like to schedule a video chat.\*  
(701) 873-3274**

